



### Attendance

*This week's attendance figures show that we have had another good week of attendance here at Abbey Mead. The table below shows attendance Monday to Thursday*

Class	Average(%)
1AI	97.32
1PP	97.69
1SH	99.55
2EB	97.58
2NF	94.17
2SP	96.58
3AM	97.58
3IB	99.60
3SR	95.97
4CC	97.98
<b>4KO</b>	<b>100.00</b>
4KR	97.98
5CH/PS	95.98
5JH	94.35
5MB	96.25
6NK	98.75
6RT/RR	99.17
6ZE	96.67
FLL	96.43
FMC/AW	93.33
<b>FOL/SS</b>	<b>100.00</b>
<b>The Meadow</b>	<b>90.28</b>

Well done to FOL/SS and 4KO for achieving an incredible 100% attendance this week!



### World Hijab Day

World Hijab Day is observed every year on 1st February to honour Muslim women who wear the hijab. It is also a day to urge women of various origins and beliefs to try on the hijab and see what it is like to wear one.

**We will be celebrating World Hijab Day on Monday 3rd February. Please feel to come to school wearing a Hijab of your choice, shiny, sparkly or colourful.**



### Children's Mental Health Awareness Day

#### Self-Care & Mental Health for Kids

- Share your own feelings to **encourage** self-awareness.
- Set aside time for **low-stress** or solo activities.
- Encourage **journaling** and diaries.
- Encourage your child to focus on the **moment**.
- Recognize **toxic stress** events.
- Find social groups that help them feel like they **belong**.
- Practice **self-care** for yourself to set the standard.
- Establish a **self-care** routine.
- Blessing/Manifesting
- Cultivate interests and hobbies.

This year's National Children's Mental Health Awareness Week will be held between Monday 3rd February and Friday 7th February. The children will be holding discussions and completing tasks throughout the week to build a greater awareness around the importance of positive mental health. The theme of the week will be 'Express yourself'.

On Friday 7th February, we welcome children to come to school dressed in yellow.

**Friday 7th February 2025**





## A space to belong " Sensory Room at Abbey Mead"

Mrs Mc and Miss Ingham will be running Leicester's half marathon to raise funds for a sensory room at Abbey Mead. Our school believes in nurturing every child to achieve their full potential. We're reaching out to our community with a dream: to create a sensory room that will transform the lives of our children with Special Educational Needs and Disabilities (SEND).



A sensory room at Abbey Mead would be an amazing addition where:

- Children who struggle to focus can find calm and clarity
- Those overwhelmed by the busy school day can feel safe and in control
- Children who find it hard to express themselves can communicate through touch, sight, and sound.

You can click on the link below and show your support for Mrs Mc and Miss Ingham by donating .

[Fundraiser by Lucy McNamara : " A space to belong " Sensory Room at Abbey Mead](#)

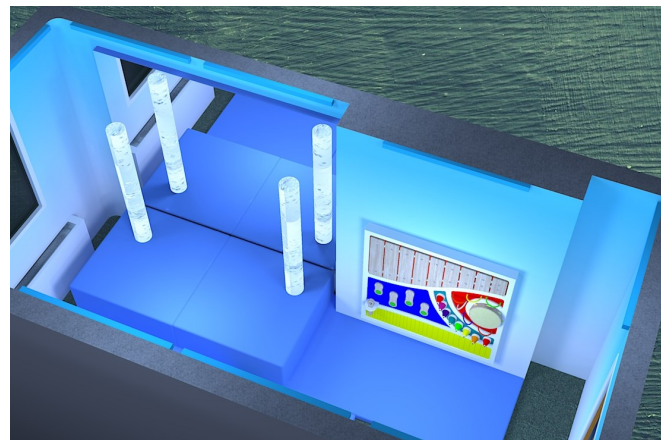
## Table Top Sale @ Abbey

We are having a table top sale on Friday 7th February in order to raise funds for the Sensory Room at Abbey. Our Year 6 children are really excited organise this project. The sale will take place in school on Friday 7th February. Children will have the opportunity to buy books, toys, plants and lots more.

All proceeds from the sales will go towards the Sensory Room project.

We are now looking at confirming the dates for the electrical wiring, painting and decorating of the room. This will be done by NCHA and we are very grateful to them for this. Once this has been completed, our professional equipment for the room will begin to be finalised.

The sensory equipment will include bubble tubes, mirrors, sound panels, mood lighting and soft padding. If you wish to donate towards the purchase of any of these items, please contact the school office.





## Upcoming Dates

- Year 3 Roman Workshops—**Thursday 13th February**
- February Half Term school closes—**Friday 14th February**
- School re- opens—**Monday 24th February**
- Ramadhan Begins—**28th February**
- Year 5 trip to National Space Centre—**Thursday 20th March**
- School closes for Easter Break—**Friday 11th April**
- School re-open—**Monday 28th April**

## Online Safety—How can I make my connected home more secure?

**There are things you can do to help make your connected home safer for your child:**

- 1. Do your research:** Research different products online and read reviews. This is a great way to find out more about a product including age restrictions and credibility, as well as hearing directly from other parents. Product manuals will also give you information about the privacy of the device and its use.
- 2. Set up parental controls:** Make use of the parental controls available on your home broadband and any internet enabled device in your home. Enable the 'SafeSearch' function on your connected device and search engines to limit the material your child can access online.
- 3. Update your privacy settings:** When you buy a connected device or toy, change the default password. Use a strong password that cannot easily be guessed and do not share this with others. Set your Bluetooth-enabled devices to 'undiscoverable' so your child doesn't share data or pair with an unknown device.
- 4. Review and/or delete the data saved on devices:** Some connected devices or toys work by listening to your child's voice commands, so these devices usually record and keep these audio files to work properly. Refer to the manual and find out how to review and/or delete audio files. If there's a microphone on your child's connected device, you can turn on the 'mute' button. This will stop the device from recording and storing audio files.
- 5. Talk to your child:** Include connected devices in your online safety conversations, reinforcing the message that if your child sees or hears anything that makes them feel worried, they can speak to you or another adult they trust. Read further information on starting the conversation about online safety.





## Abbey News @AbbeyMead\_TMET

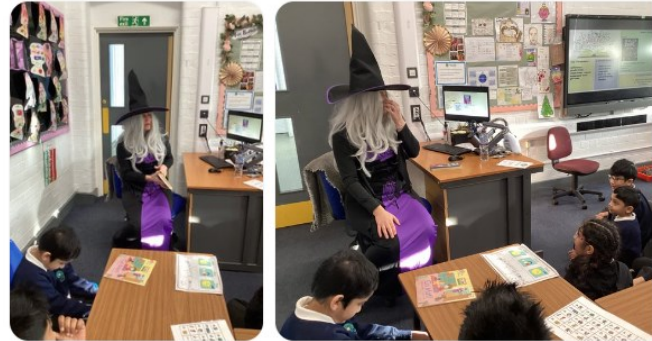
**Abbey Mead Primary Academy** @AbbeyMead\_TMET · 17h

In English 1SH have been reciting a poem linked to our weather topic. The children have been using their 'teamwork' skills to perform their poem to their classmates. ★★☆☆



**Miss Bukhari** @missbukhari\_ · Jan 29

The Grand High Witch visited this morning, and she could NOT stand the smell. 🧙‍♀️👃 @AbbeyMead\_TMET #thewitches #english



**Mrs Ikram** @MrsIkram\_AMPA · Jan 27

Children from Year 3 Eco club had an amazing time making granola cups after school today. We talked about the importance of healthy eating and healthy snacking too! 🍓🍇🥛  
@AbbeyMead\_TMET @EcoSchoolsLCC



**Abbey Mead Primary Academy** @AbbeyMead\_TMET · Jan 23

Nursery children having fun in the sand area. Building using teamwork and confidence. #sand #building #confidence #teamwork #transport 🚗🚚🚛



**Mrs Barratt** @MrsBarratt\_AMPA · Jan 23

Year 2 have been learning just how difficult it must have been for the people of London in 1666 to put out the Great Fire of London!! We used our 'Leather' buckets and 'water squirts' to pass water from the 'River Thames' all the way to the burning houses!! @AbbeyMead\_TMET 🔥🔥🔥



**Mrs Patel** @MrsPPatel\_AMPA · Jan 24

Check out this amazing writing in phonics. Can you guess which phoneme we have been learning? @AbbeyMead\_TMET

