



Attendance

This week's attendance figures show that we have had another good week of attendance here at Abbey Mead. The table below shows attendance Monday to Thursday

Class	Average(%)
1AI	93.30
1PP	90.28
1SH	96.43
2EB	95.97
2NF	94.58
2SP	96.55
3AM	93.55
3IB	100.00
3SR	99.19
4CC	97.58
4KO	99.22
4KR	98.79
5CH/PS	91.07
5JH	97.58
5MB	99.17
6NK	91.32
6RT/RR	98.75
6ZE	98.75
FLL	89.82
FMC/AW	92.98
FOL/SS	97.39
The Meadow	100.00

Well done to The Meadow and 3IB for achieving an incredible 100% attendance this week!



Road Safety

Our primary concern is the safety of our pupils and community so we ask for your support with this.

We would like to remind parents to please be mindful of:

- Parking safely, ensuring they are not obstructing visibility and pedestrian pathways.
 - Parking respectfully so as not to block access to residents' properties; especially by avoiding stopping or parking in the middle of road on Ellis Avenue/Bruin Street, waiting on the zig zag lines.
 - Crossing in appropriate positions, avoiding crossing immediately between parked cars where vision is obstructed
 - Following the advice of our crossing patrol officer on Ross Walk.
- Following the advice of staff that are present on each gate to keep our pupils and families safe.



We appreciate your ongoing support with this matter.

Parents' Workshops

Over the next couple of weeks, we look forward to welcoming all parents into school for an introductory session to the new term. The introductory sessions will take place on:

Monday 20th January @ 2.45 pm—Year 6

Tuesday 21st January @ 2.45 pm—Year 5

Wednesday 22nd January @ 2.45 pm—Year 2

Thursday 23rd January @ 2.45 pm—Year 1

Thursday 30th January @ 2.45 pm—Year 4

Tuesday 4th February @ 2.45 pm—F2

Parents are invited to come from the main entrance on Ross Walk. Please arrive at 2.40 pm and we will direct you to the meeting area.



Over the past couple of weeks, we have been taking a look at the range of packed lunches brought to school to look for any trends and patterns. Whilst there have been lots of positives with balanced packed lunches: fruit, sandwiches, yoghurts, pastas alongside some small snacks; biscuits, crisps, etc. There have also been some worrying discoveries with some children only bringing crisps, chocolate biscuits and fast food. We remind parents of the importance of having balanced packed lunches.

We are strictly a NUT-Free school so please ensure that your child's packed lunch does not contain nuts of any type. Please check the ingredients on the packaging for the ingredients if you are unsure.

Here are some tips for a healthy packed lunch;

- Sandwiches, chapatti or wraps
- Protein rich foods like cheese, eggs or beans.
- A dairy item, like yogurt or cheese sticks
- Vegetable sticks or salad and a portion of fruit.

Recipe of the week

Each week, we will share a healthy recipe that families may wish to try for children's packed lunches. This week's recipe was written by Miss Lopez. We hope you will try it.

Spicy Paneer and salad wrap

Ingredients

- 1) 4/6 small cubes of paneer
- 2) 1 tablespoon low-fat Greek style yoghurt
- 3) ¼ teaspoon of curry powder, to taste
- 4) large pinch of chilli powder, to taste
- 5) 1 wholemeal wrap or large wholemeal chapatti
- 6) Shredded lettuce, chopped cucumber and carrot

Complete your lunchbox with:

- peach slices or any fruit slices
- breadsticks
- carrot or cucumber sticks
- crackers with cheese spread
- 150ml fruit juice drink (with no added sugar)

Method



- 1) Crumble the paneer and add the chili powder, curry powder and yoghurt
- 2) Mix it well and spread on the wrap
- 3) Top with lettuce, cucumber and carrots
- 4) Add extra yoghurt if required
- 5) Fold the edges and the roll up the sides
- 6) Enjoy with a fresh green salad

Make sure you drink lots of water throughout the day to stay healthy!



Upcoming Dates

- Parents' Workshops—**W/B Monday 20th January**
- Chinese New Year Assembly—**Monday 27th January**
- February Half Term school closes—**Friday 14th February**
- School re- opens—**Monday 24th February**
- Ramadhan Begins—**28th February**

Nursery Provision

We are pleased to say that we are now taking names for the Nursery class for next year.

We are beginning to plan our provision for September 2025 and the number of teachers we will need in the Nursery. This will be determined by the number of children signed up. We ask that anyone who wishes to secure a place for their child does so no later than 31st March. If we are over subscribed, places will be given on a first come, first serve basis.

Do not risk missing out and sign up today by contacting the school office.

Your child would be eligible for a place in September 2025 if they were born between:

1st September 2021—31st August 2022





Sensory Room Fundraising

We would like to extend a huge thank you to everyone who has contributed to our fundraising for the new Sensory Room. We are now in the planning stages for the room!



NCHA have kindly offered to decorate the room and to complete the required electrical work for the room. Thank you NCHA .

We have had lots of contributions from local businesses too. This week would like to show our appreciation to Belgrave Florist for their very generous donation.



Belgrave Florist

Belgrave Florist are based in the heart of the Belgrave area and serve the community with the service of providing flowers for all occasions and events — birthdays, weddings, anniversaries and even funerals and poojas.

We are still seeking donations so please contact the school office or alternatively, please go to the online giving page on the link below.

[The Mead Educational Trust fundraising & online donations | KindLink](#)