











WEEK 1

W/C: 28/10, 18/11, 9/12, 30/12, 20/1, 10/2, 03/03, 24/03.

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheesy Bean Burrito   	Cheese and Pepper Flan  Serve With Mashed Potato	Vegetarian Cottage Pie   Served with Gravy	Meatless Feast Cheesy Pizza   Served with Baked Potato Wedges	Fish Fingers Served with Chips
DESSERT	Chocolate and Banana Marble Cake	Apple Crumble with Custard 	Raspberry Jelly	Flapjack with Fruit 	Chocolate Ice Cream

Vegan Keema Matar 
Served With Rice

Mushroom & Vegetable Curry 
Served with Rice

Cauliflower and Sweet Potato Masala 
Served with Rice

Red lentil Dhal 
Served with Rice

Sweet Potato Curry 
Served with Rice

All main meals are served with two vegetables

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**
 **Oily Fish**
 **Wholegrain**
 **Fruity!**
 **Nutritionist's Choice**

WEEK 2

W/C: 4/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03

AUTUMN/WINTER 2024

HOT SPECIALS

MONDAY

Mexican Vegetarian Tortilla Pie
  
 Served with Wholegrain Rice

TUESDAY

BBQ Plantball Pasta Bake 


WEDNESDAY

Quorn Sausages 
 Served with Mashed Potato and Gravy


THURSDAY


Macaroni Cheese 

FRIDAY

Quorn Dippers 
 Served with Chips

Dal Palak (lentil and spinach curry) 
 Served with Rice

Butternut squash curry 
 Served with Rice

vegetable biryani 
 Served with Rice and cucumber raita

Potato & Lentil Curry 
 Served with Rice

sweetcorn & kidney bean curry 
 Served with Rice

All main meals are served with two vegetables

DESSERT

Raspberry Yoghurt Cake Serve With Fruit Slices. 

Banana and Carrot Cake Served With Custard

Chocolate Shortbread with Fruit 



Orange Drizzle Cake

Strawberry Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**

WEEK 3

W/C: 11/11, 2/12, 13/01, 03/02, 24/02, 17/03, 07/04.

AUTUMN/WINTER 2024

MONDAY

TUESDAY




WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

BBQ Quorn Fillet   
Served with Wholegrain Rice

Vegetarian Bolognese   
Served with Wholewheat Pasta and
Garlic and Herb Bread

Spanish Vegetable Rice 

Tomato Pasta Bake  

Fish Fingers
Served with Chips

Chickpea & potato curry 
served with Khichadi 

Chana Dhal
Served with Rice

Vegetable Shak 
Served with Rice

Spinach & potato curry 
Served with Rice

Vegetable Curry 
Served with Rice

All main meals are served with two vegetables

DESSERT

**Magic Apple Bake Serve With
Custard** 

Banana Cake

Sicilian Lemon Cookie with Fruit




**Jam and Coconut Sponge with
Custard**

Vanilla Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread,
yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**