

PE Intent

At Abbey Mead Primary Academy PE is for all. Our aim is to try and deliver high quality fun and engaging PE lessons to the students. We strive to deliver a broad and inclusive curriculum that allows students to have opportunities to develop a comprehensive range of skills and knowledge of physical activities. Opportunities that will enable students to lead a healthy balanced lifestyle as well as increasing their self-esteem, confidence and embed values such as fairness, team work and respect.

Lessons are varied and exciting, making use of a range of activities. This has been possible through large investments into PE equipment. We equip our children with the necessary skills and try to provide them with the necessary tools to build a love of sport. This will enable them to grow up and live happy and healthy lives utilising the skills and knowledge acquired through PE .

Children of all abilities are given opportunities at lunchtimes to develop their leadership and communication skills by encouraging excellence in physical activities and sport by re-establishing play leaders.

Increasing participation in out of school competitions provides high ability students the chance to express their skills in a competitive environment. Children take part in competitive sporting events against other local schools which is an inclusive approach to encourage physical development, mental well-being, teamwork, leadership skills and excellence.

Each year group will have learnt about specific sports throughout the year. KS2 students will look at team and individual sports and KS1 will be focussing on embedding the fundamental movement skills which are vital skill that need to be enquired before attempting to teach students structured sports. We provide every year group a wide variety of different extracurricular clubs including sports and dances. This enhances our PE offer to the children by broadening the sports we can expose the students to.

We provide girls with a women in sport club to inspire engagement of disengaged girls. Both girls and boys also have an equal opportunity to be sports leaders and support both extra curricular clubs and lunchtime activities. There are equal opportunities for girls and boys to take part in sports trips to ensure fairness for all.

The experience of the PE lead and the support of the PE apprentice, provides the opportunity for in school CPD to all teachers who deliver PE if and when required. This will ensure that high quality fun and engaging PE lessons are being delivered to students.

The Reintroduction of swimming for yrs 3,4,5, further broadens Abbeys PE offer and will establish essential skills like developing pool confidence and how to stay safe in water. These are vital life skills that we are providing the children.